

FORTHCOMING FIXTURES

Updated as of 29th April 2010

THOSE DATES WITH A QUESTION MARK, ARE THE NEAREST APPROPRIATE DATE TO LAST YEAR

May-10

- Sun. 2nd Saltash Mayfair Half Marathon
Uttoxeter Half Marathon - 11.00 a.m.
- Mon. 3rd **Great Weston 5 Miles - 10.00 a.m.**
May Day '5' Kenilworth Road, Coventry - 11.00 a.m.
- Tues. 4th **Silverstone 10 Km EMGP - 7.30 p.m.**
- Wed. 5th ASICS DK10k - Dudley Kingswinford 10 km, Wall Heath, West Midlands - 7.15 p.m.
- Fri. 7th Blisworth Friday 5 (km), Northamptonshire - 7.30 p.m.
- Sat. 8th/ County Track & Field Championships (Inc. Warwickshire) - Alexander Stadium, Birmingham
- Sun. 9th **Hinckley Half Marathon, Mkt Bosworth (County Champ.'s) - 10.30 a.m.**
Bristol 10 km
- Weds 12th **Rugby 6 Miles EMGP - 7.45 p.m.**
- Sat. 15th BMAF Road Relay Champs. - Sutton Park, Birmingham
- Sun. 16th The Wymeswold 5 mile road race
- Tues. 18th **Bedford 6 Miles EMGP - 7.45 p.m.**
- Sun. 23rd Lady Godiva, Coventry Half Marathon
SUMMER LEAGUE - Desford
BMAF 10,000 metres Championships, Horspath Road, Oxford
The Great Daffodil Run 10km - Marie Curie Cancer Care, Kelmarsh, Northants 10.15a.m.
- Wed. 26th **The Corby 5 Miles EMGP - 7.45 p.m. (East Carlton Park)**
- Mon. 31st? Oaks-in-Charnwood X-Country Challenge 6.5 miles (Not a Fun Run)

Jun-10

- Tues. 1st **Weedon 10 Km EMGP - 7.45 p.m.**
- Fri. 4th Notts 10 Mile - 7.15 p.m.
- Sun. 6th Shining Cliff Woods Fell Races 4.88 Miles (1059') / 2.44 Miles - Derby Road, Ambergate
SUMMER LEAGUE - Swithland 10 km
- Tues. 8th **Banbury 5 Miles EMGP - 7.45 p.m.**
- Sun. 13th **MMAC Track & Field - Leicester**
Hickling Country FAIR Corn Dolly Challenge 10.8 km
Long Eaton 5 Miles
- Tues. 15th Rothley 10 Km - 7.15 p.m.
Mkt Harborough 5 Miles EMGP - 7.45 p.m.
- Thur. 17th Grindleford Fell Race 4.5 miles / 500' near Sheffield
- Sat. 19th The Glooston 10Km at The Old Barn, Glooston (Roadhoggs Event) - 6.00 p.m.
- Sat. 19th? Breedon On The Hill 6 1/2 Km Run, Multi Terrain - 3.00 p.m.
- Sun. 20th BMAF 5km Championship - Horwich
Llanelli Waterside 10km Inc. all ages Junior races (Great family Weekend)
Stathern Festival 10Km - 11.00 a.m. - Near Melton Mowbray
- Tues. 22nd **Club 10 km Championship, Thurlaston - Handicap Basis, clock starts at 7.00 p.m.**
- Thur. 24th Blackamoor Chase (BM), 6 miles / 1450', Cricket Inn (off A61), Totley, Sheffield
- Sat. 26th? INTERLAND (GB Masters)
- Sun. 27th **SUMMER LEAGUE - Prestwold Hall 10 Km - 10.30 a.m.**
Mansfield Half Marathon
- Tues. 29th **Milton Keynes 10 Km EMGP - 7.45 p.m.**
- Tues. 29th? Worthington 5 miles - The Malt Shovel, Leicestershire
- Weds. 30th Sphinx athletics Club Summer 5 (Warwick's Road Running League), War Memorial, Coventry

Jul-10

- Thurs. 1st Kirk Ireton Kids Fell races (2) start at 6.30 p.m.
- Sat. 3rd / BMAF Track & Field Champs - Cardiff
- Sun. 4th
- Wed. 7th **SUMMER LEAGUE - Hungarton 7 Miles, 7.15 p.m.**
- Thurs. 8th Wissendine, Rutland 6 Miles - 7.30 p.m.
- Sat. 10th Norwich 5 Km - 4.45 p.m. You must have run a sub 20.00 to enter. A great Carnival weekend.
- Sun. 11th Peak Forest Fell Race (CM) 6 miles / 650'
Desford 1/4 Marathon 10.30 a.m. + Fun Run
British 10 km London Run - 9.35 a.m.
- Sun. 11th? Midsummer 6, Staffordshire
- Thurs. 15th / EVACS - Nyiregyhaza, Hungary
- Sat. 24th
- Sun. 18th Holme Moss Fell Race 16 miles / 4000' Holmbridge, near Holmfirth.
- Wed. 21st Notts 5 mile - 7.30 p.m. Victoria Embankment

Aug-10

- Sun.1st? Wellingborough 5 Miles - 10.30 a.m.
Tues. 3rd Parwich Kids Fell races (3) start at 6.30 p.m.
Wed. 4th **SUMMER LEAGUE - Joy Cann Memorial, Huncote**
Thur. 5th Derbyshire Chevin Hill 4.5 / 2.2 Mile Fell Races, Milford
Fri. 6th Jagermeister 10 km, Nottingham University Campus - 7 p.m.
Blisworth Friday 5 (miles), Northamptonshire - 7.30 p.m.
Sun. 8th Newark Half Marathon
Inter Area T & F Masters Championships - Solihull
Sun. 15th Hermitage, Whitwick 10 Km
Sat. 21st Race The Train - Tywyn, Wales
Sun. 22nd BMAF - Half Marathon Champ.'s - Burnham Beeches, Nr. Slough
Sun. 22nd? Birchwood 10 km - Warrington (Over £4000 Prizes), Luxury Bath Towel to all finishers.
Sun. 29th Bradbourne Village Fell Race (CM) 5.5 miles / 616' - N.E. of Ashbourne, Derbyshire + Kids Ra
Moulton 10 km, Northampton
Mon. 30th? Grimsthorpe Castle 10 Km - 11.00 a.m.
Tues. 31st Barrel Inn Fell Race (BM) 6.5 miles / 1500' - Eyam Sports Pavillion, Hawkhill

Sep-10

- Fri. 3rd? Autumnal 5 mile road race - Coventry War Memorial, Kenilworth Road, 7.00 p.m.
Sat. 4th? Swinford 'Party On The Green', Lutterworth, Leics. Children's Races - 1.30 p.m.
Sun. 5th **SUMMER LEAGUE - Wigston Phoenix John Fraser (Inc. County Champ.'s) 10 Miles**
Sun. 5th? Bristol Half Marathon
Cardiff 10 km
Sun. 12th Robin Hood Marathon & Half Marathon, Nottingham
BMAF 10 Km Champ.'s - Wolverhampton (Goodrich)
Sun. 12th? ASICS Lake Vrynwy Half Marathon
Wolvey 10 Miles - Inc. Midland Masters Champ.'s (Nuneaton Harriers)
Mon. 13th Derbyshire Chevin Hill 2.9 Mile Fell Race (Inc. 1.45 mile Junior Run) / 560', Milford
Sun. 19th BUPA Great North Run Half Marathon
Crossdale Trail 10 Km - Keyworth, Nottingham - 10.00 a.m.
Wed. 22nd Hinckley Town Centre 5km, 7.15 p.m., Kids Kaper 1 mile, 6.30 p.m.
Sat. 25th MIDLAND 6 / 4 Stage Relays - Sutton Park
Sun. 26th? Leicester Round Relay
Swansea Bay 10 Km - 1.00 p.m.
Daventry 6 miles Road Race - Northampton - 11.00 a.m.

Oct-10

- Sat.2nd Long Mynd Hike 50 miles / 9800' Church Stretton, Shropshire
Sat.2nd? Waltham Winder, 10 / 16 / 26 miles of Vale of Belvoir
Primary Schools Cross Country - Western Park 10.00 a.m.
BMAF XC Relays -
Midland X-Country Relay Championships -
Sun. 3rd BMAF Road Championship 10 mile - Oldbury Power Station, Bristol
Goose Fair Gallop 10 Km - Multi Terrain, Kimberley, Notts - 10.00 a.m.
Sun. 3rd? New Balance English Half Marathon, Warrington
ASICS Liverpool 10 km
Sat. 9th? Melton 3 km Fun Run - 10.00 a.m. £2.00 - e-mail dansoft79@hotmail.com
North Mids X-Country -
Sun. 10th Breidden Hills Race (AM) 7 miles / 2300' Criggion
Leicester Marathon & Half (Inc. County Marathon Champ.'s) - 10.00 a.m. - City Centre Route
Great Eastern Run Half Marathon - 10.10 a.m.
Sun. 10th? EDF Energy Birmingham Half Marathon (Race against climate change) - info@birminghamhalf
Sat. 16th? ERRA National 6 & 4 Stage Road Relays - Sutton Park, Birmingham
Sun. 17th The Cabbage Patch 10 miles - 10.00 a.m. Twickenham
Sun. 17th? The Chris Ingham Memorial 5 miles, Melton
Sat. 23rd? Birmingham Cross Challenge 6 Km - Senneley's Park, Birmingham (1.55)
(Inc. Midland Womens League (1)
Sun. 24th? BUPA Great South Portsmouth 10 Miles
Fri. 29th? The Skeleton 5, Lower Car Park, Beacon Hill, Woodhouse Eaves. 7.00p.m. (Night Race!) £10
Sat. 30th? Saucony English National X-Country Relays - Berry Hill Park, Mansfield
Sun. 31st Worksop Half Marathon

Nov-10

- Sat. 6th Primary Schools Cross Country - Western Park 10.00 a.m.
Sun. 7th Rutland Water Marathon
Sun. 7th? Shepshed 7 Miles
BMAF - Half Marathon,
Dovedale Dash - Derbyshire
LEG IT ROUND LATHKIL - Fell Race 7.1 miles, 950' Over Haddon, nr Bakewell
Poppy Run 5, Boston, Lincs. (Boston and District AC)
Rugby 10 Miles
Sat. 13rd British & Irish International Masters X-Country - Dublin
Sat. 13rd? North Mids X-Country - West Glebe Park,
McCain UK Cross Challenge,
Seagrave Wolds Challenge - 10 - 26.2 miles
Sun. 14th Matthew Walker Xmas Pud 10 Km, Heanor - 10.30 p.m.
High Peak Relay, Derbyshire - 10.00 a.m.
Roaches Fell Race - 15 Miles / 3700' (BL)
Sat. 20th? Brampton to Carlisle - 10 miles (quick course) - 12.30 p.m.
Sun. 21st? Leeds Abbey Dash 10km
Derby Runner Cross Country League (1) -
Sat. 27th? Midland 7 Mile Men / 5 Mile Women -
Wolverton 5 Miles, Willen Lake, Milton Keynes - 2.00 p.m.
McCain UK Cross Challenge,
Cheddleton Xmas Pud 10 km - 2.30 p.m.
Sun. 28th City of Norwich Half Marathon - 11.00 a.m.

Dec-10

- Sat. 4th? Primary Schools Cross Country - Western Park 10.00 a.m.
North Mids X-Country - Berry Hill Park, Mansfield
Midland Women's League - Perry Barr, Birmingham
Stathern Tough 10 - 11.00 a.m. The Plough Inn, Stathern, Leics.
Sun. 5th? Cardington Cracker Fell Race 9 miles / 2600' (AM)
Nene Valley 10, Peterborough
Derby Runner Cross Country League (2) - Aylestone Meadows (Wigston Phoenix)
Tues. 7th? Whetstone 5 Km Christmas Run - 12.45 p.m. Blaby Boys Club, £2.00 on day.
Sun. 12th Keyworth Turkey Trot Half Marathon - 10.15 a.m.
Sun. 12th? Mortimer Forest Fell Race 10 miles / 1600' - 11.00 a.m.
European Cross Country Championships - Dublin, Ireland
Mizuno Bolsover Castle 11 km - Nr Chesterfield 10.30 a.m.
Sat. 26th? Barrow Boxing Day Handicap 6
Vale of Aylesbury Town Centre 5 km, Buckinghamshire
Queens Head 5 Km (215'), Belper, Derby - 12.00 noon
Mon. 27th? Millennium Runs on 10 Km, Caythorpe, Nottingham - 10.30 a.m.

Jan-11

- Sat. 1st The Adidas New Years Day Hangover 5 (638'), Whatstandwell, Belper, Derby - 11.00 a.m.
Sun. 2nd HUNCOTE HASH - Real Cross Country (Approx. 6.5 Miles) - 11.00 a.m.
Sat. 8th? County X-Country Championships -
Sun. 9th? Cannock Chase Trig Point 15 miles - 11.00 a.m.
Shining Cliff Woods Fell Races 6.5 Miles (1173') / 3.25 Miles - Derby Road, Ambergate
Derby Runner Cross Country League (3) -
Sat. 15th? North Mids X-Country -
Midland Women's League - (3)
Sun. 16th? WINTER LEAGUE -
Not The Roman 9 (12 km), Tiddington, Stratford-upon Avon.
Shell Four Villages Half Marathon - Helsby (fast course)
McCain UK Cross Challenge,
Sat. 22nd? McCain UK Cross Challenge,
Primary Schools Cross Country - Western Park 10.00 a.m.
Sun. 23rd? Brass Monkey's Half Marathon - York - Knavesmire Harriers (fast course)
WINTER LEAGUE -
Midland Masters X-Country Championships -
Sat. 29th? Midland X-Country Championships -
Sun. 30th? Derby Runner Cross Country League (4) -
Tigger Tor Fell Race (BM) 10miles / 1750'

Feb-11

- Sat.5th? Hinckley & Bosworth Area Primary Schools Cross Country- Bosworth College
Sun.6th? Charnwood Hills Race 13 Miles, 1200' - 10.00 a.m.
Centurian 5 Miles - Inc. Midland Masters Handicap
ASICS Alsager 5 Miles
ASICS Watford Half Marathon
Dewsbury 10 km 9.00 a.m.
Sat. 12th? Midland Women's League - (4)
Ivanhoe Challenge 12 noon (Junior Cross Country Races)
Sun. 13th? Derby Runner Cross Country League (5) -
Sat. 19th? Queniborough Stomp Fun Runs - 2.00 p.m.
Sun. 20th? WINTER LEAGUE -
Mizuno Trafford 10 km, Partington (fast course)
Sat.26th? ECCA National X-Country Championships -
Hinckley & Bosworth Area Primary Schools Cross Country- Bosworth College
Belvoir Challenge 15 or 26 miles
Sun. 27th? Derby Runner Cross Country League (Presentation) -
Bourton On The Water, Gloucestershire, Goldsmiths 10Km - 10.30 a.m.

Mar-11

- Sat. 5th? Brooksby Fun Run - 2.00p.m.
Sun.6th? Bath Half Marathon
Cheadle Spring 5, Cheadle, Stoke on Trent 10.30 a.m. - www.theadlerc.co.uk
WINTER LEAGUE -
Nike Milton Keynes Half Marathon - 10.30 a.m.
Sat. 12th? BMAF Cross Country Champs. -
Primary Schools County Cross Country Championships 10.15 a.m. - Year 3/4 Boys
McCain UK Cross Challenge - Inter Counties, Birmingham (Inc.World Trials)
Wuthering Hike - Haworth Hobble (BL), 33 Miles - 4400', Haworth, Yorkshire
Sun.13th? Fradley 10 Km - Lichfield (very fast course)
Adidas Silverstone Half Marathon, Silverstone, Northants
Sub 4 Stafford 20, Beaconside, Stafford 10.30 a.m.
WINTER LEAGUE -
Sat. 19th? MIDLAND 12 STAGE / 6 STAGE - Sutton Park
Thrussington Fun Run - 2.00p.m.
Sun. 20th? Ashby 20 Miles - 10.00 a.m.
City of Lincoln 10km
ASICS Fleet pre London Half Marathon
Stafford Half Marathon
Asics Reading Half Marathon
Derby Runner Cross Country League - National Final Heanor
Sat. 26th? The Charnwood Marathon, 27 miles and 15 miles. Runners Start 9.00 a.m.
Sat. 26th? / BMAF Indoor Championships - Lee Valley, Enfield, Middlesex
Sun. 27th?
Sun. 27th? World Cross Country Championship's -
Milford 21 miles - 11.00 a.m.
Asics Wilmslow Half Marathon

Apr-11

- Fri. 1st? Salford Good Friday 10 Km - Gt. Manchester (Pretty quick course) - 10.00 a.m.
Sun. 3rd? Livingston Relay - Loughborough University Campus - 10.30 a.m.
Shining Cliff Woods Fell Races 4.9 Miles (1059') / 2.45 Miles - Derby Road, Ambergate
Mon. 4th? Stanwick 10 Km, Northants
Easter 10 Km, Wollaton Park, Notts - 11.00 a.m.
Sat. 9th? NATIONAL 12 STAGE / 6 STAGE - Sutton Park
Caythorpe Canter 12 & 26 miles - 9.00 a.m. - Grantham
Sun. 10th? Derbyshire Building Society 10 km, Pride Park Stadium - 9.30 a.m.
Wright Hassall Leamington Regency 10 Km, Mill Gardens, Leamington Spa - 9.00 a.m.
Belvoir Half Marathon, Hose Village Hall - 10.00 a.m.
Thur. 14th? County Track 10,000m Champ.'s, - 8.00 p.m.
Sun. 17th? MMAC Road Relays - Edgbaston Reservoir, Birmingham
The Midland Lung Run 10 Km, Sutton Park, Birmingham - 10.00 a.m.
Coventry Northbrook 10 km 10.15 a.m.(1st Race of Warwick's Road Running League) + Childr
Sun. 24th? London Marathon
Sheffield Half Marathon 9.30 a.m.
Rotary Shakespeare Half & Full Marathon - 9.30 a.m. Stratford